

## **Guardian Elite Rehabilitator®**

The Guardian Elite Rehabilitator® is indicated for the treatment of foot drop. The Elite Rehabilitator is a carbon fiber AFO (Ankle/Foot Orthosis) with an anterior shin cuff and a lateral strut that provides a dorsi-assist at the ankle at toe off and an extension assist at the lower leg in early swing phase to improve gait for patients with foot drop.

### **Therapeutic Actions**

The Guardian Elite Rehabilitator is a carbon fiber AFO that provides a dorsi-assist at toe off as well as an extension assist in early swing phase of gait to correct foot drop. The Elite Rehabilitator is inserted into the patient's shoe. An anterior shin cuff is secured with a calf strap. The Elite Rehabilitator AFO provides a dorsi-assist of the ankle/foot at toe off as well as a lower leg extension assist in early swing phase to improve gait compromised by foot drop.

### **Contraindications**

The Elite Rehabilitator AFO should not be applied if any part of the device comes in contact with an open wound. The patient must be ambulatory to benefit from the use of an Elite Rehabilitator AFO. The patient must demonstrate adequate ankle stability to ensure safe ambulation with a dynamic carbon fiber AFO.

### **Warnings**

The Elite Rehabilitator AFO should be custom fitted to ensure that the device is fitted correctly. The AFO strut should not contact the patient's ankle/foot during brace use.

After an Elite Rehabilitator AFO is removed, the ankle/foot should be inspected for redness or signs of unwanted pressure or shear. All redness or skin indentations should be absent within an hour after device removal.

Never apply an Elite Rehabilitator AFO if there are red areas on the patient's skin that may indicate unwanted pressure or shear has been applied by the device. Resume wear after the redness has disappeared. If redness persists, the device should be inspected by a licensed clinician and modified to eliminate any potential pressure or shear.

**The Guardian Elite Rehabilitator® is intended to be for Single Patient Use Only**